



**Abbagayl Howald**

**Cross Country  
October Athlete of the Month**

Sports:

Cross Country & Track

Favorite Sport:

Cross Country

Favorite Movie:

Ferris Bueller's Day Off

Favorite Food:

Macaroni & Cheese

Ritual Before a Game/Meet

I have to pray and talk to my team members

Most Memorable Game/Meet:

Regionals at Robinson

Community or Church Services, Volunteer, Etc.:

Youth Group and Piano lessons

Special Honors, Awards, Recognition, Scholarships, etc.

8th Grade Graduation, Athlete of the Month, Cross Country Awards, 4-H Awards, Track Awards, Church Recognitions

Clubs/Activities

Cross Country, Track, Messenger Club, Spanish Club ~Grade 9

